



CGN aims to scale up, improve the delivery of primary health care services via the establishment of Primary Health Care Networks

Nyeri intensifies provision of Primary Health Care Services

Primary Health Care (PHC) aims at providing essential health care services that are accessible to individuals and acceptable to them, through their full participation and at a cost they can afford which is in line with ensuring Universal Health Coverage (UHC).

The PHC and Primary Health Care Networks (PCN) Strategy is aimed at renewing the public health focus in the sector, including strengthening the delivery of primary health care services.

The county has witnessed an increased burden of non-communicable diseases and

hence proposes several primary healthcare strategic objectives and interventions about the provision of healthcare services, leadership and governance, drugs and other medical supplies, and financing of Primary healthcare delivery.

On that note, medical consultants involving specialists play an integral role in shaping the future of our healthcare system. They are not just specialists in your fields; they are the leaders who guide the direction of care and innovation.

Their expertise is not limited to diagnosing and

treating complex cases, but also in advising, mentoring, and inspiring the next generation of healthcare professionals who will work at the grassroots level.

It is in this regard that the county held a meeting in Nyeri town where the Governor called upon them to fully support this program through leadership and clinical governance, medical outreaches and inreaches, mentorship and support supervision among others.

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It is in this regard that the county held a meeting in Nyeri town where the Governor called upon them to fully support this program through leadership and clinical governance, medical outreaches and inreaches, mentorship and support supervision among others.

The County Government of Nyeri aims to scale up and improve the delivery of primary health care services through the establishment of Primary Health Care Networks. The strengthening of PHC will start with the community, dispensaries and health centers, all linking to the hospitals.

The County is committed to improving and expanding primary health care across the county, but this is a collective effort. It requires your expertise, your passion, and your involvement.

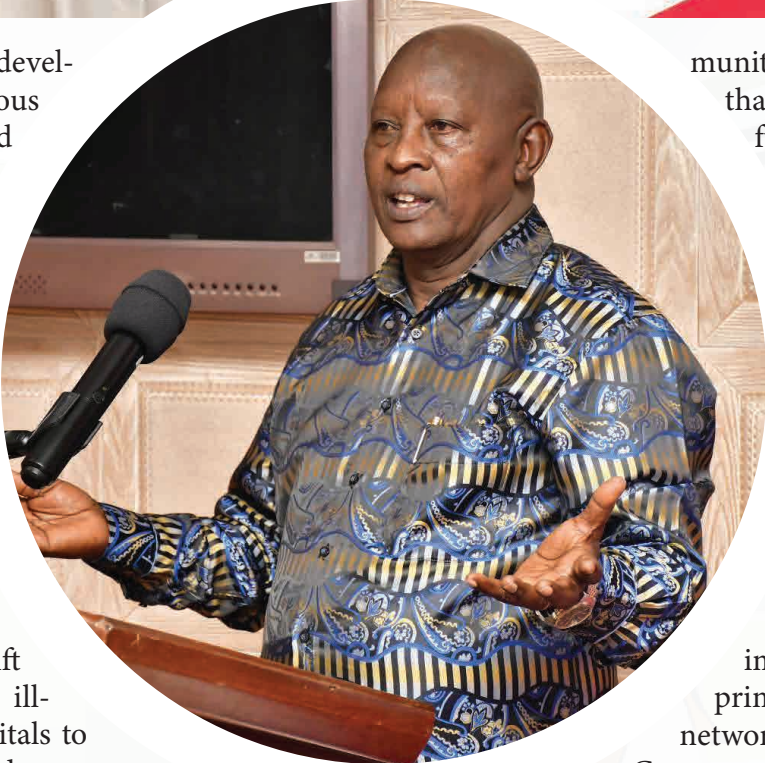
Governor Kahiga's administration through the Department of Health Services also remains committed in strengthening the health sector through infrastructure, human resources for health, procurement of medical equipment and supplies and rolling out a robust and integrated electronic medical record system where all facilities are connected on a digital platform.

The Department of Health



Services has developed an ambitious roadmap dubbed 'Nyeri Primary Care Network Strategy 2024-2027' to set up and operationalize primary care networks.

"In this journey, we aspire to progressively shift our focus from ill-health and hospitals to communities and empower families to take charge of their own health. My govern-



ment will ride on our very robust com-

munity health system that comprises 251 functional Community Health Units (CHUs) spread across all sub-locations. We believe that our community health program will provide a platform for successfully roll out and implement the primary health care networks." Said the Governor.

He also appreciated the con-

tinued partnership between the County Government of Nyeri and Amref Health Africa.

Through the Project Thrive that aims at strengthening Primary Health Care (PHC) by building the capacity of Health Care Providers and Community Health Promoters (CHPs), conducting integrated Community health services such as outreaches and home visits, and bringing critical services closer to the people, CGN is confident that they are in the right track of achieving Universal Health Care (UHC).

County inreach programme at Gitero and Kagere dispensaries

The Department conducted a Community Health inreach at Gitero Dispensary, bringing essential healthcare services directly to the community. The day can be attributed to the seamless partnership between the County Government of Nyeri and Amref Health Africa, through the Project Thrive. During the inreach, residents benefited from a wide range of free health services, including cancer screenings (breast, cervical), diabetes and hypertension screenings, dental check-ups, dermatology consultations, and HIV testing, reaching around 451 clients. We remain committed to en-



suring accessible healthcare for all by delivering vital services right at the community level. Meanwhile, there was an inreach programme also at Kagere Dispensary in Othaya sub-county where the De-

partment in partnership with Amref Health Africa, hosted a World Breast Cancer commemoration. Throughout the day, a range of vital health services were provided to the community, including breast, cervical,

and prostate cancer screenings, diabetes and hypertension screenings, mental health counseling, eye and dental check-ups, dermatology consultations, and HIV testing services, reaching approximately 269 clients.

The Department is dedicated to promoting healthy communities by bringing essential healthcare services directly to our residents.

Routine visits at Mukurwe-ini Hospital

The Health Services CECM, Dr. Joseph Kiragu, accompanied by the Director Health Services Dr. Nelson Muriu conducted an impromptu visit to Mukurwe-ini Hospital.

The purpose of the visit was to perform routine supervisory checks across departments, assess hospital operations, and address critical factors impacting healthcare service delivery.

During the visit, several key highlights demonstrated the facility's exemplary performance:

- **Maternal Mortality:** The hospital has recorded zero maternal mortality for several years, a remarkable achievement in maternal health.

- **Mortality Reviews:** Monthly mortality meetings are held to establish causes of death and identify preventive measures.

- **Emergency Preparedness:** The facility's ambulance is in good condition and always on standby.

- **Power Supply:** The hospital maintains a 24/7 Electric power supply with backup from a generator.

- **Fully Functional HDU and Theatre:** The High Dependency Unit (HDU) and operating theatre are fully



equipped and operational.

- **Bed Occupancy:** Bed occupancy is consistently at 100%, especially in the male and female medical and surgical wards, reflecting the community's trust in the hospital's services.

- **Essential Drug Availability:** Drug supplies are sustainably managed.

- **Staff Motivation:** All hospital staff are highly motivated, contributing positively to patient care.

Notably, Mukurwe-ini Hos-

pital has successfully implemented the Social Health Insurance Fund (SHIF), particularly for inpatient services, enabling patients to be fully discharged and their bills cleared upon SHIF registration. We encourage all clients to register for SHIF to take advantage of this invaluable support.

In response to prior recommendations, the hospital has ensured that all staff are properly identified, which fosters a professional envi-

ronment and supports both staff and patient needs.

Dr. Muriu commended the hospital management for their unwavering commitment, evidenced by positive indicators in submitted reports.

He expressed optimism about future developments, including the addition of an Emergency & Accident Unit and a Maternity Theatre, which will enhance the quality of services provided at the facility.

Dr. Kiragu also praised the team for their dedication and urged hospital managers to continue educating clients on the benefits of SHIF registration. He emphasized the importance of maintaining strong public relations by addressing client concerns promptly and encouraged all staff, students, and contracted personnel to stay informed on the expected workplace code of conduct.

The CECM gave assurances of the Department's support to all health facilities, including upcoming training for HRIOs and Billing Clerks to strengthen their capacity in managing Social Health Authority (SHA) systems, thereby ensuring all clients receive optimal support and benefits. Nyeri Governor H.E Dr. Mutahi Kahiga has been steadfast in strengthening the health sector and improving health care for all residents, through infrastructural upgrades, expansion of essential services, recruitment of Human Resources for Health and procurement of modern medical equipment. These initiatives reflect the County's commitment to fostering a robust healthcare system that meets and safeguards the community's health needs.

Mr. and Miss Tourism Nyeri visit Governor

Nyeri Governor H.E. Dr. Mutahi Kahiga, EGH hosted Mr. and Miss Tourism Nyeri County 2024, John Miano and Consolata Wangui respectively.

The newly crowned duo were accompanied by their mentor and County Assembly Environment Committee Vice-Chair Hon. Fidelis Kanene. Discussions focused on their making environmental conservation a cornerstone of their action plan, specifically looking at how targeted, systematic and comprehensive environmental clean-up strategies such as recycling and scheduled clean-up days can be incorporated as part of the Nyeri County residents



and staff activities.

Following the preliminary exchange parties now proceed to the next step which includes putting together a Concept Paper on the proposed project including stakeholders to be involved.

The County Government of Nyeri recognizes the importance of such initiatives, especially from our County's youth, that promote on the ground mobilization as well as utilizing social media spaces to conduct civic education to effect transformational change and the three Rs - Reduce, Reuse, and Recycle.

Nyeri County Situation Analysis Report Validation Meeting



The County Government of Nyeri through the Department of Lands, Physical Planning and Urban Development in collaboration with the South Consulting Africa Limited Consultant team held a validation meeting for the situational analysis report meant for the development of the Nyeri County Slum Upgrading and Prevention Strategies. The Consultant was tasked to prepare Nyeri County Specific Slum Upgrading and Prevention Strategies under the

Kenya Informal Settlement Improvement Program II (KISIP II)- Component III which seeks to support institutional and policy development at national and county levels. During the meeting, the Consultant spearheaded by Dr. Mbathi Musyimi tabled the findings to the County Project Coordination Team (CPCT) led by the CECM Lands Ndirangu Gachunia, representatives from informal settlements and State Department of Housing among oth-

er stakeholders and thereafter had a plenary session on intervention for upgrading and slum prevention. The report analyses the situational context of informal settlements and slums in Nyeri County which will in turn inform development of the Nyeri County Slum Upgrading and Prevention Strategy. The objectives of the report was to:

1. Analyse the policy and legal framework for slum upgrading and prevention (National and County) and implications

- for development of the Nyeri County Slum Upgrading and Prevention Strategy.
2. Assess the state of basic services and the challenges that residents face in accessing basic services in the slums and informal settlements the county
3. Review the interests of various stakeholders and identify the means of improving ownership, local adaptability, and buy-in to effectively implement the strategy.
4. Identify the relevant resources, guidelines, and ca-

capacity-building measures to support implementation. Informal settlements and slums in Nyeri have historical origins that date back to the colonial period. Some of the settlements were established as colonial villages for settlements but the owners had no titles deeds resulting to insecure land rights. The numbers of settlements and inhabitants continued to grow over time with increased urbanization, poverty and population growth making the planning for basic services challenging thus the need to develop strategies for slum upgrading and prevention for the county. There are 162 number of settlements across the eight sub-counties including colonial villages generally characterized as informal settlements and slums. The proposed strategy seeks to improve the state in the informal settlements while fostering sustainable growth. The situational analysis presented the context in these areas in order to improve understanding of the social-economic, demographic and infrastructure context on which the strategy will be based.

Capacity Building Workshop for Nyeri Worker Cooperatives



The County Government of Nyeri, in partnership with Global Communities under the Worker Co-operative Incubator Program, successfully hosted a 5-day capaci-

ty-building workshop aimed at strengthening worker cooperative societies in the region. The training brought together participants from worker

cooperatives across Nyeri and Nairobi counties, providing them with invaluable tools and strategies to enhance their operational and economic capabilities. Key

partners like the Democracy at Work Institute (DAWI) and the Co-operative University of Kenya joined in to share their expertise, fostering rich discussions and ex-

change of best practices. On the final day, Trade CECM Diana Kendi commended the dedication of all participants and stressed the pivotal role that cooperatives play in local economic development. She encouraged them to leverage the knowledge gained during the workshop to drive productivity, improve livelihoods, and build sustainable, resilient communities. The trainees were also issued certificates for their resilience throughout the training. This workshop marks a significant milestone in the ongoing journey to empower cooperatives and ensure a brighter, more prosperous future for all.

Governor Kahiga's volleyball championships

Nyeri Deputy Governor H.E. David Kinaniri graced the closing ceremony of the Governor Mwalimu Kahiga Volleyball Championships after a four-day event held at Dedan Kimathi Kamukunji grounds, Nyeri town.

He appreciated the collaboration of Kenya Volleyball Federation, County Government of Nyeri led by the Department of Gender, Youth, Sports, and Social Services and other partners including CPF and Cooperative Bank for supporting this tournament and making the day successful.

42 teams participated in the event drawn from Senior Men / Women and Self Sponsored Men / Women categories.

Both men's and women's teams displayed remarkable talent and coordination, delivering intense rallies and powerful spikes that had the crowd on its feet.

Nyeri fans turned out in large numbers, cheering passionately for each team and adding to the electric atmosphere.

The large turnout highlights the growing interest in volleyball within the County and the effectiveness of initiatives aimed at reviving and promoting sporting activities in Nyeri, especially among the youth by promotes sports as a viable career option and talent source.

This has also boosted business in the County mostly in the hospitality industry.

He also thanked the teams for making the tournament a memorable experience.

The senior team winners took home cash prizes with Ksh. 100,000 for the champions and Ksh. 50,000 for the first runners-up.





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